QUALITY EDUCATION ACADEMY

2026 Local School Wellness Policy Assessment Tool

Assessment date: 9.21.26 **Assessment period:** 2025-2026
Wellness coordinator: Mrs. Woodruff **Review participants:** C. Jordan, Mrs. Jones, Mr. Tenor, Dr. Johnson, Mrs. Andrews, Mr. Jordan, Mrs. Linville

Instructions: Evaluate actual implementation of each goal in the adopted policy. Check one status and record specific evidence, challenges, and next steps. Do not mark goals fully implemented solely because they appear in the policy. Use this tool alongside the required triennial assessment and retain supporting records.

Nutrition Education and Promotion

1. Provide nutrition education aligned with North Carolina standards and integrate healthy-eating skills into instruction.

Status: [ ] Fully implemented [X] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: All scholars do not participate in PE
Next steps / responsible person / target date: September 2026 - 2027

2. Coordinate nutrition messages and activities between classroom staff and School Nutrition.

Status: [ ] Fully implemented [X] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: Staff teaches scholars to enjoy their culture through activities.
Next steps / responsible person / target date: Allow the scholars to schedule next activity.

3. Promote healthy choices and engage families and the community.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: We encourage our community to choose healthy choices.
Next steps / responsible person / target date: Continue

Physical Education and Physical Activity

4. Provide physical education and daily physical activity opportunities consistent with applicable requirements.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: New activities are always happening to encourage
Next steps / responsible person / target date: Continue to stay active.

5. Support recess, movement, athletics, clubs, and inclusive activity opportunities.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: Movement it mandatory.
Next steps / responsible person / target date: Continue creating anew opportunities.

6. Avoid withholding physical activity as routine discipline or using exercise as punishment.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: We encourage scholars to stay active.
Next steps / responsible person / target date: Continue to fulfill this.

Nutrition Standards and Food Safety

7. Serve reimbursable breakfasts and lunches meeting USDA meal pattern and nutrition standards.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: _____

Next steps / responsible person / target date: Continue to serve and encourages to

8. Ensure applicable competitive food, vending, school store, and fundraising sales meet Smart Snacks rules.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: _____

Next steps / responsible person / target date: _____

9. Maintain food safety practices and appropriate drinking water access.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: Water

Next steps / responsible person / target date: _____

School Environment and Family Communication

10. Provide a clean, welcoming dining environment with reasonable meal access and time to eat.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: _____

Next steps / responsible person / target date: _____

11. Encourage school meal participation and communicate wellness resources to families.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: All our Scholars eat

Next steps / responsible person / target date: _____

12. Support staff wellness and positive role modeling.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: _____

Next steps / responsible person / target date: P. Jordan

Food and Beverage Marketing

13. Limit school-controlled food and beverage marketing during the school day to products meeting applicable nutrition standards.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: Wellness policy

Next steps / responsible person / target date: C. Jordan

Governance, Public Access, and Monitoring

14. Invite participation from parents, scholars, School Nutrition, school leaders, educators, and other stakeholders.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: _____

Next steps / responsible person / target date: _____

15. Designate a wellness policy official and document implementation monitoring and follow-up.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: _____

Next steps / responsible person / target date: _____

16. Make the current policy, updates, and triennial assessment results publicly available.

Status: [X] Fully implemented [ ] Partially implemented [ ] Not implemented
Evidence / steps taken / barriers: _____

Next steps / responsible person / target date: _____

Required Triennial Assessment Summary

1. Compliance with the policy - Summarize how fully QEA implements the adopted policy, citing monitoring and supporting records.
QEA promotes their community to stay active and continue implementing new policies to ensure they are meeting their goals.

2. Comparison with a model policy - Identify the model local wellness policy used, the comparison date, similarities, and gaps.
USDA identifies WellSAT 3.0 as a tool that can help compare a written wellness policy with a model policy.

3. Progress toward goals - Describe progress toward measurable wellness goals and identify priorities for improvement.
Quality Education Academy made progress toward its wellness goal by providing nutritional education, school meals, or physical activities. We will continue to collect information as 45 physical activities has been measured.

Assessment completed by: Ranota Crawley **Date:** 9.14.26
Reviewed by: C. Ford **Date:** 10.1.26
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Working assessment template. Complete with verified implementation evidence and align with the policy formally approved by QEA. This document does not itself establish compliance.